

Youth sports including basketball, wrestling, and dance will be allowed to resume practices on Jan. 4 in smaller groups with heightened precautions, and with COVID-19 preparedness plans in place. The state plans to release additional guidance later about how those practices should be conducted.

Between Dec. 18 and Jan. 3, teams' outdoor workouts, practices, training or skill-building is allowed, provided that there are no spectators, there is no more than one coach or supervisor present, and there aren't participants from more than three households. Physical distancing must be maintained.

Games won't be allowed until later.

"By starting small and keeping transmission low now," the executive order reads, "we can begin to consider returning to games and competitions that require interactions between different teams and the presence of spectators."

Organized sports restrictions will also no longer be tied directly to county COVID-19 case data or school learning model.