

POLAR PLUNGE

Support Blackduck Baseball



Blackduck Lake
12:00 Noon
Saturday
Feb. 23rd

FROZEN FOWL

For rules and pledge sheets see Coach Kalvig
or go to blackduckmn.com
Please call 218 835 - 4546 for more information



FROZEN FOWL POLAR PLUNGE
Noon Saturday, February 23rd, 2019

GENERAL INFORMATION

1. We will have 2 changing areas, one for males and one for females.
2. Jumpers are encouraged to wear costumes. The wardrobe may be funny, represent the sponsors who pledged on your behalf, or both. Be creative!
3. Each jumper will be introduced before they jump. Be prepared to answer questions from the emcee. You are encouraged to acknowledge your sponsors or those that have pledged toward your plunge.
4. An attendant will let you know when it is your turn to jump and will escort you to and from the hole.
5. Participants may elect to do a pre-register. Liability waivers, pledge money, and introductions may be turned in to Dwight Kalvig prior to Feb. 23, 2019.
6. All pledge money is due the day of the event.

Blackduck Baseball Boosters

1. reserve the right to decline anyone's participation as deemed necessary by the Blackduck Baseball Boosters. Those conditions may include, but are not limited to individuals with asthma, heart-related conditions, or who are under the influence of drugs or alcohol.
2. are not responsible for lost or stolen belongings.
3. strongly recommends that participants bring towels, dry clothes, and footwear to take the plunge in.

All participants must.....

1. sign 3 liability waivers. Any participant under the age of 18 must have a guardian sign each liability waiver.
2. be sixteen years of age or older.
3. check in 30 minutes before noon.
4. attend the pre-plunge safety meeting.
5. follow any and all directions given by the First Responders and staff who will be located both in and out of the water.
6. spend a minimum amount of time in the warming house as designated by staff.

Please sign in the space provided stating you understand and agree to the information and conditions above.

Print Name

Signature

Date

Release & Waiver Liability, Assumption of Risk & Indemnity Agreement

In consideration of participating in the Blackduck Baseball Boosters Club Frozen Fowl Polar Plunge,

- (1) I represent that I understand the nature of polar plunging events and that I am qualified, in good health, and in proper physical condition to participate in such activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity.
- (2) I fully understand polar plunging events involve risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the activity, the conditions in which the activity takes place, or the negligence of the "Releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and
- (3) I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the activity.
- (4) I hereby release, discharge, and covenant not to sue Blackduck Baseball Boosters Club, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the activity takes place, (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations; and
- (5) I further agree that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, I or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.
- (6) I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it and agree that if any portion of this agreement is held to be invalid, the balance, not withstanding, shall continue in full force and effect.

Printed Name of Participant _____

Signature of Participant/ Date _____

Printed Name of Parent/Guardian (if minor) _____

Signature of Parent/Guardian Date _____

BLACKDUCK BASEBALL BOOSTERS

DIVER NAME _____

PHONE _____

ADDRESS _____

| | PLEDGER'S NAME | ADDRESS | PHONE # | PLEDGE AMOUNT | PAID? |
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MINIMUM OF \$100 IN PLEDGES IS DUE AT THE TIME OF THE PLUNGE
CONTACT DWIGHT KALVIG FOR ANY QUESTIONS: 218-835-4546 OR dikalvig@paulbunyan.net